

What Could Be Better Than MONEY?

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***"I did then what I knew how to do.
Now that I know better, I do better."***

– Maya Angelou

'BETTER' THAN MONEY?

Money is good, I get it. It's how we pay the bills, buy food, and go on holidays. It helps you do FUN stuff, helps you study, helps you make the best of yourself. It's how the modern world works, really – an exchange of goods or services for MONEY. And the more money you have the happier you'll be, or so the theory goes.

Hello, **my name is Steve M Nash** and I'm the editor of AnyoneCanSellOnline.com, SNASH.org, HowIPromoteMyWebsite.com, SelfHelpCollective.com and SMNash.com



So what could be better than money?

- Well, what good is money if you don't have the time to spend it?
- What good is money if your physical or mental health is lacking?
- What good is money if you don't have any friends to share it with?
- What good is money if you don't like the person you have to be to earn that money?

So, what could be better than money?

BEING at peace with yourself! (Meaning: **Knowing how to be HAPPY BEING YOU.**)

DOESN'T MONEY AND SUCCESS MAKE YOU HAPPY, THEN?

Some successful, wealthy people are happy being themselves. That is true. And what a lovely life they probably lead. But most are NOT. Just check out the Hollywood gossip columns for evidence of that. Look at how desperate some are to stay wealthy. (This great Jim Carrey video on YouTube says more... <https://www.youtube.com/watch?v=t69L1kSkMrw>)

Fact: **Happiness comes from within.** It just does. Money is nice, fame is nice, having everything you want in life's 'nice', too. But happiness and peace of mind comes from within. And you know that really, I know you do...

(So please send all of your money to me! ☺ A not-so-funny joke!)

A SURPRISING FACT ABOUT PEOPLE WHO ARE HAPPY BEING THEMSELVES

We all know people that seem lucky in life. Good things just happen to them. And when bad stuff happens, well it just doesn't seem to bother them. They have lots of fun, lots of friends and always seem to be smiling.

Guess you could call those people happy.

Maybe that's you. Or maybe not. Because we all also know people that only seem to have bad luck. It's one disaster after another. They're always bothered. They never have enough money. Life does not seem to be fun. And friends disappear fast.

What's the difference between these two types of people?

- The first group of people know how life works, they know it's up and down, but they don't take much of it personally; they just seem to trust themselves
- The second group take everything personally; they never have enough; always dissatisfied

That's it.

Taking things personally. Worrying. Always seeing problems/trouble everywhere. Being too serious. Not trusting yourself enough. No faith in life. Not liking yourself. Being frightened to make mistakes.

ALL these are symptoms of an unhappy, ill at ease with themselves person. And no amount of money can deal with these symptoms. Because happiness is an Inside-Out job – it comes from within.

HOW TO BE HAPPY, THEN – HOW TO ENJOY BEING YOU?

Well, self-help books might work and so might self-hypnosis and other self-improvement stuff you find somewhere on the interweb. But all that stuff can actually confuse you and make things worse!

Better to notice these truisms, instead. That the difference between a person who's at ease with themselves and a person who's not, in my opinion, looks like this:

- People at ease with themselves don't take their thinking so seriously
- At ease people **don't feel the need to control**, to people please, or to overly worry
- At ease people just know to trust themselves and – more importantly – they have faith in life (and faith in their ability to create, to earn as much money as they want to)

Whenever you're ill at ease with yourself – you're feeling frustrated, depressed, anxious, frightened or angry etc. – then you're doing one of the above. And you just don't need to. Simple, really.

But me talking about happiness, peace of mind, and you actually liking who you are is all well and good. You have to feel the truth of what I'm saying for yourself, for transformations to take place.

HAPPY BEING YOU: SOMETHING YOU CAN DO RIGHT NOW, TO HELP...

1. Go onto your favourite site. Facebook, Twitter, Google, YouTube, or whatever. And **do a search for “Inside-Out Understanding”, “The Three Principles” or “Sydney Banks”.**

Search. For free. And read, listen, watch, and wonder. Read, listen, watch and wonder again. And again.

What you’ll find there is all deceptively simple. Intellectually, it might not make any sense at all. But it does make sense, it does. I promise you. (Something inside of you will realise this, too.)

2. You could also read this free (no email required) 1-page Three Principles Resources guide I created - www.smnash.com/docs/OnePage3PrinciplesResourcesGuide.pdf

‘BETTER THAN FREE’ – WOULD YOU LIKE TO KNOW MORE? ...

I’ve also created the following free resources that might be of some use to you, as well:

- <http://www.smnash.com/thoughts-about-feelings/>
(Several 3-minute videos starring me! 😊)
- <http://www.smnash.com/free/>
(More free stuff to help you transform from unhappy to happy!)

And these resources aren’t free, and they’re not related to the Inside-Out Understanding, but they can help in the transformation game:

- <http://www.hypnosisdownloads.com/uncommon-hypnosis>
(How will your life change once you tap into your mind's potential?)
- <http://collective.sitesell.com/tools/>
(Build an extraordinary business?)

I ENJOY HELPING PEOPLE ENJOY BEING THEMSELVES

Yes, it’s true. Seeing the best in people feels good to me, and it doesn’t cost me anything. Helping people see the best in themselves feels good to me, too. That’s why I also created these resources:

[A 1-Page Guide to Self-Esteem](#) (Ebook - no email required)

[How to Live a Stress-Free Life](#) (Ebook - email required)

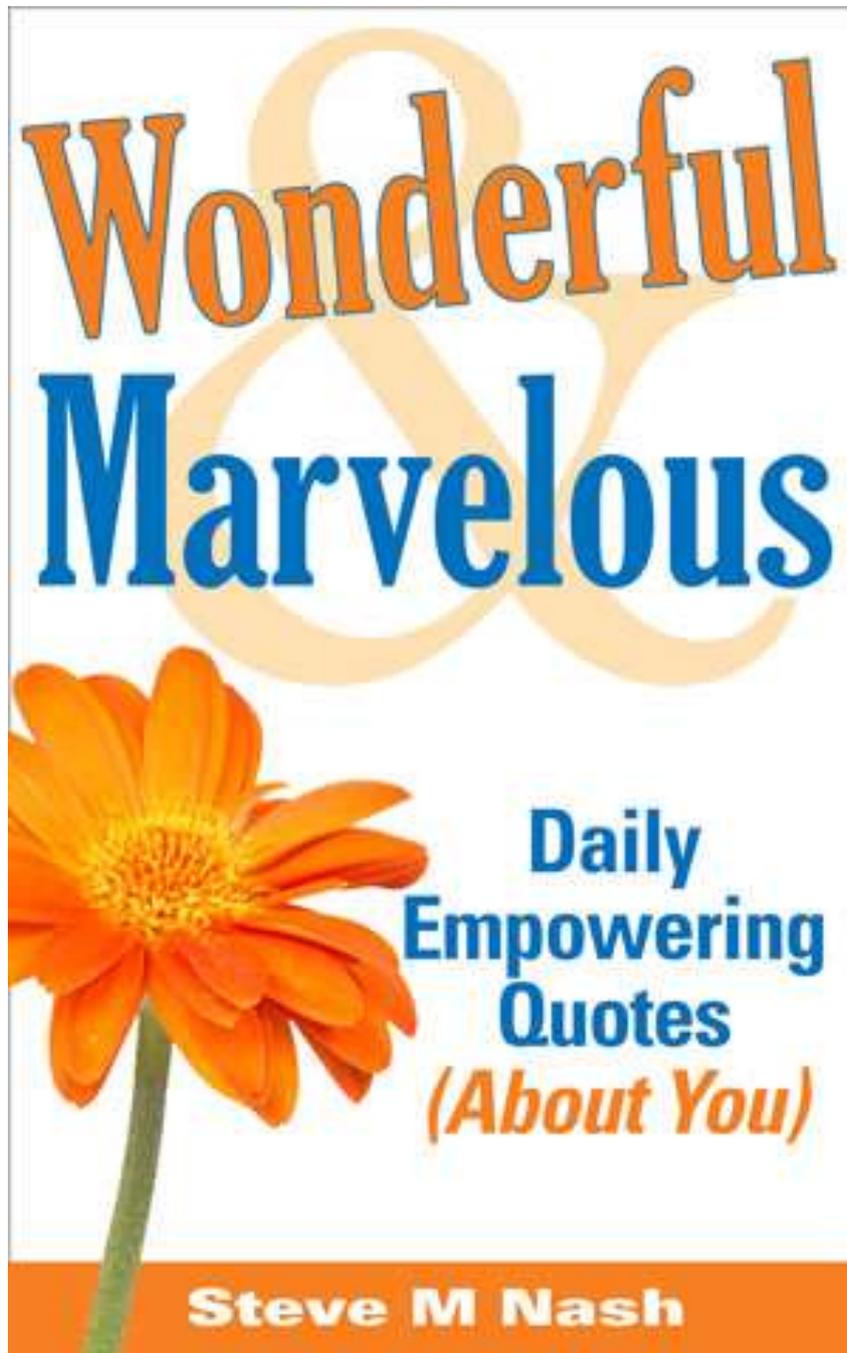
Not sure what you’ll make of this ‘Inside-Out Understanding’ that I’m pointing you towards. But if only one person’s life is dramatically changed (as mine has been) by me writing this ebook and sharing this understanding, then it will have been worth it. 😊



Thanks for reading – Steve

PS Ever read [The Starfish Story](#)?

Steve is also the author of...



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